



No Spend Planner

Cut out all unnecessary
spending and become more
mindful of your spending
habits.

NO SPEND **BINGO**

You don't know what to do without spending? Do you feel like a fun plan always involves spending money? Here are some ideas, **GIVE THEM A TRY!**

Visit the park	Play a board game	Try a new recipe	Draw something	Watch a new movie	Learn a new skill
0 Make a time capsule	0 Go through old photos	Exercise	Have a yard sale	Volunteer	Write in a journal
Swap books with a friend	DIY something	Have a spa day	Listen to a podcast	Attend a free local event	Have a sleepover
Go hiking	Bake cookies	Read a book	Ride a bike	Have a scavenger hunt	Try a free trial
Donate	Build a fort	Organize cabinets	Paint	Visit the library	Camp in the backyard
Notes					

Circle your favorite ways to save money!! Cross off your least favorite activities.

CREATE YOUR OWN ZERO SPEND BINGO

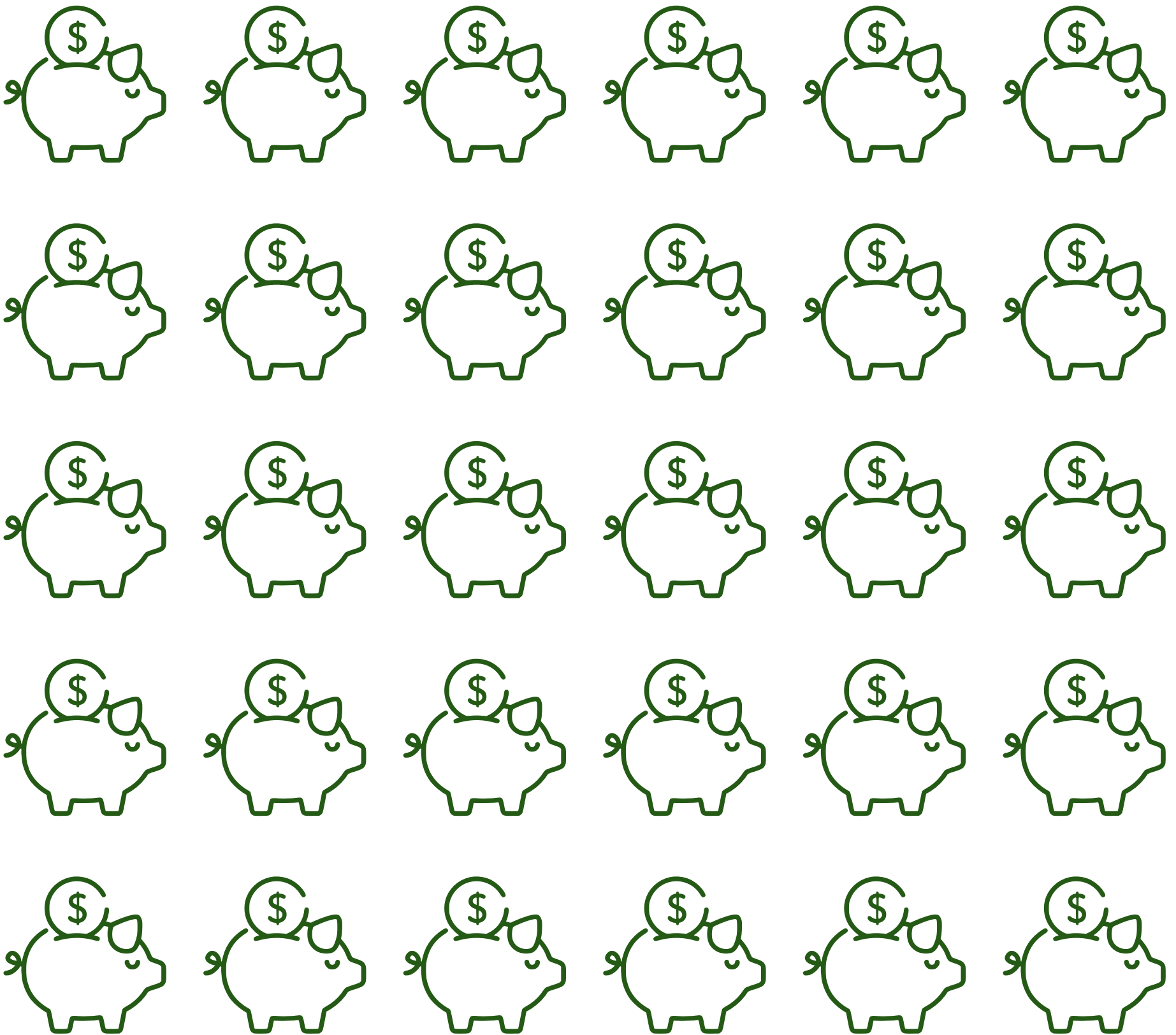
Notes

NO SPEND TRACKER

TRACK YOUR PROGRESS!! Write down every day didn't spend even a penny!! See how many days you can "streak" in a row. YOU'LL REALIZE YOU'RE DOING GREAT!

#OF NO SPEND DAYS:

TOTAL SPENT:



REFLECTION **TIME**

WHAT I LEARNED?

WHAT KEPT ME MOTIVATED?

WHAT CAN I DO BETTER NEXT TIME?
